

Sensory Box

Goal: The child interacts with a variety of textures that they may not be comfortable/used to

Complete Materials: 21 animal/nature cards, moss, feathers, glitter fish, sequin knot, pom poms, two sticks, two seashells, two rocks, fur sample, sandpaper strip, flower, paper ladybug, snake, cotton balls, popsicle sticks

Matching key is on the back of this sheet

Instructions

1. Select 8 animal/nature cards and stick it to the velcro
2. Pick 8 texture materials that matches the card
3. One by one, make the child pick up the material and feel it
 - a. Encourage discussion about what texture it is, how the texture feels, and how it makes them feel
4. Let the child match the item to the card by placing it inside the square
5. Return the item to the appropriately labeled bag (either you or the child can do this)

****Note**:** Some items may match to multiple cards. You could also switch steps one and two based on the child.

	<u>Sheep:</u> Cotton balls		<u>Snake:</u> Snake skin		<u>Fish:</u> Glitter fish
	<u>Lion:</u> Fur		<u>Chicken:</u> Feathers		<u>Tree:</u> Leaves, sticks
	<u>Leaves:</u> Leaves		<u>Hermit crab:</u> shells		<u>Seashell:</u> shells
	<u>Moss:</u> Moss bag		<u>Moss tree:</u> Stick, moss		<u>Flower:</u> flower
	<u>Flowers:</u> flower		<u>Desert:</u> sandpaper		<u>Beach:</u> sandpaper
	<u>Bear:</u> Fake fur		<u>Caterpillar:</u> Puff balls		<u>Ladybug:</u> Ladybug wing
	<u>Armadillo:</u> Popsicle sticks, sequin knot		<u>Dog:</u> Fake fur		<u>Lizard:</u> Sequin fish, sequin knot

Pictures

